Allen University

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to participate in the **Allen University Gymnatorium** on **June 14th, 2016**, or **June 21st-22nd, 2016** organized and held by **Allen University**, I hereby release, waive, discharge, and covenant not to sue the Allen University , its Board of Trustees, officers, agents, and employees (hereinafter referred to as "Releases") from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, while participating in such activity, while in, on or upon the premises where the activity is being conducted, regardless of whether such loss is caused by the negligence of the Releases, or otherwise and regardless of whether such liability arises in tort, contract, strict liability, or otherwise, to the fullest extent allowed by law. 2. I understand and am fully aware of the risks and hazards connected with the Allen University Gymnatorium, and I am aware that by participating I run the risk of injury to me or damage to property. I hereby elect to participate voluntarily in the event. I understand that the Allen University does not require me to participate in this activity. I am in good health and able to participate in the above referenced activity. 3. I agree to indemnify Releases and hold each of them harmless from any loss, liability, damage, or costs, including court costs and attorneys' fees that Releases may incur due to my participation in said activities, whether caused by negligence of Releases or otherwise, to the fullest extent allowed by law. 4. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family, spouse, heirs, assigns, and personal representatives, and shall be deemed as a release, waiver, discharge and covenant not to sue the above-named Releases. This Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of South Carolina. Any mediation, suit, or other proceeding relating to the terms of this Waiver of Liability and Hold Harmless Agreement must be filed only in South Carolina and the federal or state courts of South Carolina. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Wavier of Liability and Hold Harmless Agreement, understand it, and sign it voluntarily as my own free act and deed. No oral representations, statements, or inducements, apart from the foregoing written agreement, have been made. I am at least eighteen (18) years of age and fully competent; and I execute this Agreement for full, adequate and complete consideration fully intending to be bound by same. IN WITNESS WHEREOF, I have signed this Waiver of Liability and Hold Harmless Agreement on this _____day of June, 2016.

Child's Name_____ Child's Age _____

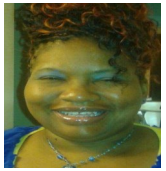
_____

Printed Name of Parent/Guardian of Minor Date

_____

Signature of Parent/Guardian of Minor Date

Camp Director



LaTonya Hemingway

Camp Director

Latonya Hemingway is an assistant coach to the Number 1 USA wrestling program; Club Prodigy. In which produced many state and regional champions. She has gained numerous achievements on the high school level as well. Coach Tonya currently serves as the operation of wrestling personnel.

Clinician Experience: 10 years

Clinicians

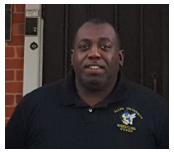
Jordan Wigger

A 2012 graduate of Summerville High School ,four-year letter winner in wrestling and cross country,. nationally ranked, four time state champion, NHSCA All-American … seven time ASICS/Vaughan Freestyle/Greco All-American, undefeated from sophomore to senior year, compiling a career record of 160-2.Wrestled unattached in three events, collecting an 8-5 record. (HS Camp Only)

Eugene Jacobs

Coach Jacobs was a standout wrestler in the MEAC conference while competing at SC State University. He coached high school wrestling at Eau Claire, in which he produced regional and lower state champions. Coach Jacobs is a South Carolina High School League official; this will be his 37th year as a State Wrestling Official. He is currently a wrestling assistant coach for Allen University.

Clinician Experience: 38 years



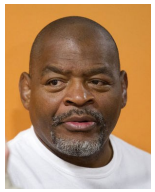
Reco Rice

Coach Reco Rice has competed on an All-Army team. Helped coach many freestyle and folk-style wrestlers under the USA Wrestling Club: Club Prodigy. Coach Reco is the Strength and conditioning coach at Allen University.

Clinician Experience: 10 years

Arturo Holmes

Arturo has been training wrestlers for over two decades. He owns TWC, the second oldest wrestling school in the country in Georgia. He has trained many Jr. World Champions, State Champions, All-Americans and National Champions for both kids and High School age wrestlers If you are serious about being the best wrestler you can be you should train with the original at TWC. (HS Camp Only)



Bobby Llyod

Guest Clinician

Coach Llyod is a former wrestler , and High School Coach. In his career he has won a State Championship as a player. As a coach he has produced 2 powerhouse programs in North Carolina, 9 Titles in 14 years, and over 100 state champions. He brings with him 42 years of wrestling experience.

Allen University

1530 Harden St.

Columbia, SC 29204

Phone: 803-446-4324

Web: auyellowjackets.com/sport/mens/wrestling

Email: rhemingway@allenuniversity.edu

1st Annual Allen University

2016

Wrestling Camps

Dates: June 14th
June21st-22nd
Time: 7:30-5:30

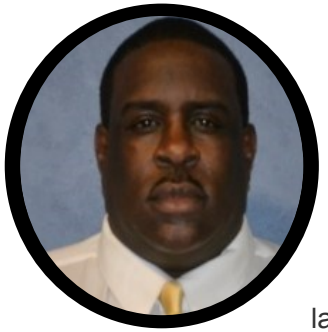
Location: John Hurst Gymnatorium

Athletic Director: Chad Washington

President: Dr. Lady June Cole

Meet the Head Clinician & Head Coach

Coach Robert "Hollywood" Hemingway became the school's first wrestling coach ever at Allen University. He brings a wealth of experience to the Allen yellow Jackets. Originally from South Philadelphia, PA, Hemingway attended Gardner Webb University, where he was an accomplished wrestler at the college level. He was a state wrestling champion in South Carolina, as well as Virginia All Region Champ. As a college freshman, he became a Wrestling All-American. Hemingway has over 200 wins as a high school coach, and became high school 'Coach Of The Year'. Under his coaching he has had several region and state champions. He was previously the President of the USA wrestling of the Midlands. Currently he is a certified wrestling official and USA wrestling coach (Bronze Certified). He teaches all styles of wrestling; freestyle, greco, and folk.



Head Wrestling Coach
Robert "Hollywood" Hemingway

Allen Wrestling Program Overview

It is the vision of the Allen wrestling program to build young men of character and distinction. We teach our young men to have faith not just in God but also in themselves. This allows us to teach our wrestlers how to get through life's challenges and think. We believe that hard work and dedication is the key to building a champion and this program. We instill and reinforce a strong since of family that allows us to show love and compassion through selfless service These fundamental principles are backbone of Allen Wrestling. They allow us to do exactly as the University's vision decrees, teach "the mind to think, the hands to work, and the heart to love". Allen University and the program, sets high expectations and codes of conduct for our wrestlers. Every wrestler is expected to exhibit the University's values of Integrity, Accountability, Respect, Excellence, and Faith.
Go Yellow jackets!

Camp Overview

Allen University Wrestling Camp (AUWP) is a comprehensive training program designed to better the athlete in every facet of the match. Campers learn a blended style of wrestling that teaches them many techniques. Campers learn to use there legs for both defense and offense in conjunction with riding, pinning, takedowns and escapes. All of these skill are needed to compete not just at the high school level but at the college level as well. In addition to wrestling techniques campers also learn the value of nutrition in fueling their body. Our Youth Camp focuses on technique and acquiring the skills to compete. The High School Overnight Camp which is June 21st-22nd focuses on preparing the athlete for the next level by teaching advanced techniques and skills to win using Folk, Greco, and Freestyle wrestling. Come learn to be a Champion from the best wrestling staff of clinicians in the State of South Carolina!

Allen University Wrestling Camps

Sign up for:	Time	Price
☐ Youth Camp (Ages: 6-13) June 14th	7:30am	$50
☐ H.S. Camp (Ages 14-18) June 21st -22nd	7:30am	$200

Total: _____

Wrestler's Name

Parent's Name

Address

City State Zip

Email Home Phone

Emergency Contact Emergency Phone Number

Weight Grade Age Birth Date

Current School

Method of Payment
- ☐ Check
- ☐ Money Order
- ☐ Cash

Please make all checks or money order pay able to Allen University Wrestling.

NOTE: You must sign Waiver of Liability and Hold Harmless Agreement

Contact Camp Director:
Coach LaTonya Hemingway
803-354-8257

Allen University
Phone: 803-446-4324
Web: auyellowjackets.com/sport/mens/wrestling
Email: rhemingway@allenuniversity.edu